



Practice #4: Commit to Partnering with Families, Schools and Your Community

Step-by-step to success...

- 1 Involve parents and family members
- 2 Develop close relationships with schools
- 3 Provide off-site learning experiences
- 4 Promote community service
- 5 Create strong community partnerships
- 6 Be proactive in your community

“The community is an important partner in the work of promoting health and wellness. The more voices in a child’s life engaged in supporting positive health choices, the more impact we can have collectively. There are vital community resources to tap into including business leaders, community organization resources, teachers, parents, and students themselves. Together, we can change health outcomes for the better in the lives of our community’s most vulnerable youth.”

-Julie McClure, Director, Napa County Office of Education Community Programs

INDICATORS FOR PRACTICE #4:

INDICATORS	
<i>Partnering with parents and families</i>	
1	Our leadership team and staff are committed to engaging schools, parents and guardians, and families and community members to support children and young people in our program.
2	We educate families about the importance of healthy eating and physical activity.
3	We keep students and parents and guardians informed about upcoming health-related programs and community family events.
4	We involve parents and guardians as contributors to nutrition and physical activity components of our program.
5	We provide families with information and resources that help them make healthy choices
6	We include parents and families in events such as family nights, weekend excursions, culminating events, nutrition education classes and opportunities for physical activities.
<i>Working with schools</i>	
7	Our site staff works closely with our school to provide nutrition education and physical activity support and expertise to our program.
8	Our staff works closely with the school's food service staff and/or dietitian.
9	Our site staff actively participates in the implementation of our district's wellness policy at the site level, and it includes the afterschool program.
10	Our site directors serve on school wellness committees.
11	Our site staff is aware of the curricula and standards for nutrition and physical education used during the school day and reinforces them with afterschool activities.
<i>Working with our community</i>	
12	We draw on community resources to offer a wide range of opportunities for students that otherwise would not be available to them because of the limited financial resources of their families.
13	We utilize community resources to provide students with opportunities to learn about the importance of nutrition.
14	We utilize community resources to provide students with opportunities to learn about the importance of physical activity.
15	We regularly provide opportunities for students to be involved in off-site learning experiences that promote physical activity and sound nutrition practice.
16	We regularly assess the impact our program is having on families, schools and our community.

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